

Bledsoe AdjustaFit LC Boot

Application Instructions CP020176 Rev H 01/07



Council Directive 93/42/EEC
of 14 June 1993 concerning
Medical devices

OUR LOWEST COST LIGHTWEIGHT WALKER FOR SHORT TERM APPLICATION



This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is generally not intended for patients in excess of 250 lbs (114 kilos). This device is not intended to prevent injuries or reduce or eliminate the risk of reinjury.

Indications: Indicated for tarsal, metatarsal, forefoot, and calcaneus fractures, forefoot sprains, and grades 1, 2, & 3 ankle sprains. Also indicated for fractures of the distal tibia or fibula.

Contraindications: Contraindicated for unstable fractures and proximal tibial or fibular fractures.

WARNING: Do not leave this device in the trunk of a car on a hot day or in any other place where the temperature may exceed 150° F (65° C) for any extended period of time. If any additional pain or symptoms occur while using this device, seek medical attention.

Warranty: This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect. This device is expressly subject to Bledsoe's Product Line Limited Warranty. Copies of this limited warranty can be obtained from your medical professional, via the internet at www.bledsoebrace.com or by calling (800) 527-3666.

Manufactured by:

Bledsoe Brace Systems™

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For product information or questions pertaining to sales or service, please contact your area sales representative or Bledsoe Brace Systems directly.

Bledsoe AdjustaFit LC Boot Application Instructions



1. Apply a clean, dry sock on the foot. Warning: Never wear the boot without a sock.

2. Wrap the calf section around the leg, position the straps on the posterior of the cuff with the center of the leg, and trim the excess leaving 2"-3" (5cm-8cm) overlap.

3. Close the hook to pile closure at the front.

4. Slip the foot into the boot, position the boot uprights in line with the leg, remove the plastic sleeves and engage the hook to pile closures on the uprights with the wrap. Make sure the foot is pointing directly forward, before engaging with the uprights.



5. Place the forefoot strap through the D-Ring. Place the double-sided hook piece in desired position and tighten the strap.

6. After engaging the strap to the double-sided hook piece, trim off the excess strap.

7. Starting at the ankle, unroll the straps from the back of the bootie, wrap the strap ends securely forward around the sides of the leg to interlock the strap with the uprights.

8. Slip the strap through the D-ring at the front of the leg and comfortably tighten the strap. Repeat this step for the remaining straps.