



## Bledsoe Bunion Boot

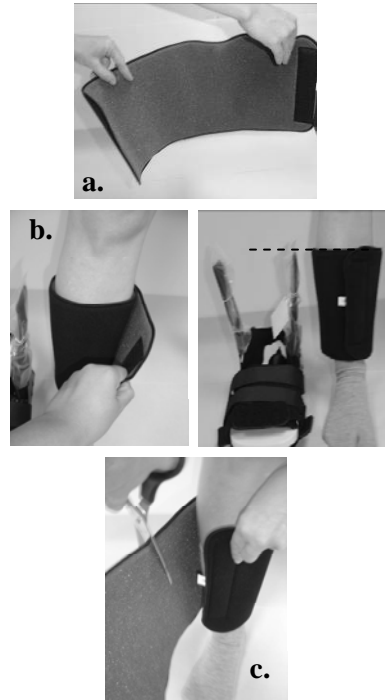
Application Instructions

CP020191 Rev B 10/07



**Bunion Surgery without Crutches.  
Less Time, Less Pain,  
More Convenience.**

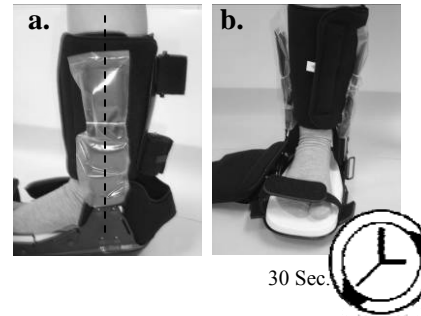
1.



### Step 1: Apply the Calf Cuff

- Open the hook-to-pile closure on the calf cuff.
- Wrap the cuff around the leg making sure the top of the cuff is in line with the arms of the boot.
- If necessary, trim the cuff.

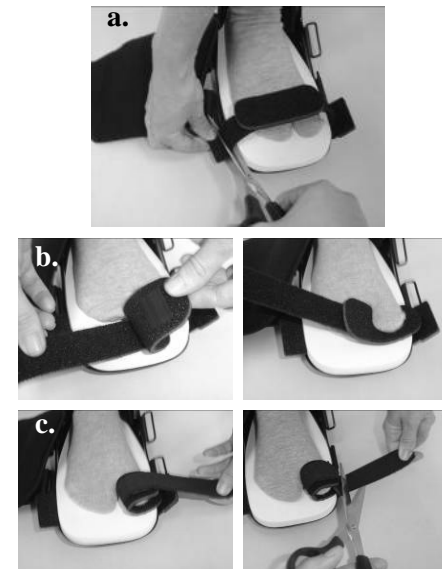
2.



### Step 2: Make an Auto-mold Impression

- Place the foot between the uprights. The ankle bones should be aligned with the uprights and foot centered between the uprights.
- Have the patient stand for 30 seconds to make an impression of the foot into the auto-mold.

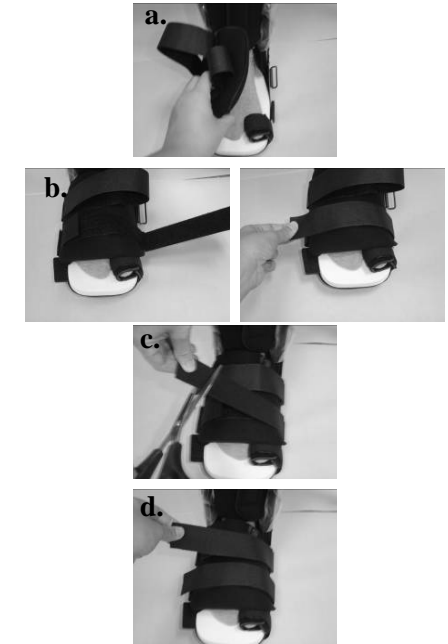
3.



### Step 3: Position the Great Toe

- Trim the toe strap from the lateral side.
- Reposition the toe pad.
- Wrap the strap around the toe and secure medially. Trim excess strap if necessary.

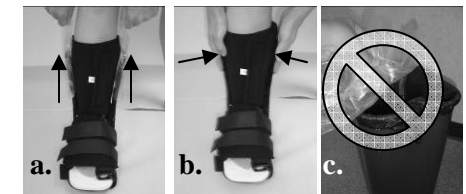
4.



### Step 4: Secure the Forefoot

- Fold the forefoot pad over the top of the foot.
- Starting at the toes, feed the strap through the D-ring. Pull to the desired tension and secure.
- If necessary, trim excess strap.
- Repeat for second forefoot strap.

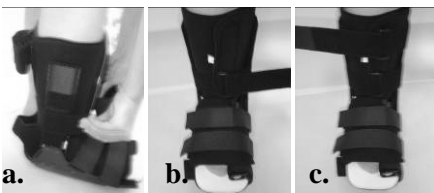
5.



### Step 5: Secure the Uprights.

- Align the uprights with the sides of the leg parallel to the leg bones. When the uprights are aligned remove the plastic from the uprights.
- Press the uprights against the side of the leg to engage the hook material to the cuff.
- Save the plastic covers for reapplication after washing the cuff.

6.



**Step 6: Secure the Leg Straps.**

- a. Beginning at the ankle, wrap both strap ends firmly forward to engage the straps with the hook material on the outside of the uprights.
- b. Loop the end of the strap through the D-ring and pull back to tension. Press hook end to strap to engage.
- c. Repeat process for the remaining leg strap.

7.



**Step 7: Inflate Forefoot Pad.**

Using the pump provided, inflate the forefoot pad to the desired pressure.

This device is offered for sale by or on the order of a physician or other qualified medical professional. This device is not intended for reuse on a second patient or for extended use beyond 180 days. This device is generally not intended to prevent injuries or reduce or eliminate the risk of re-injury.

**Indications:** The Bledsoe Bunion Boot is indicated for post-operative Hallux Abducto Valgus (HAV) surgery when a strict joint position must be maintained. It is also indicated for the treatment of foot indications that would benefit from a more even distribution of body weight over the sole of the foot.

**Contraindications:** The Bledsoe Bunion Boot is contraindicated for unstable fractures and when the foot width will not fit within one size range larger than a normal size shell.

**Warning:** The white foam layer on this boot may exhibit brittle characteristics at temperatures below 50° F (10° C). Please do not handle the foam while it is cold. Make sure the entire boot is allowed to warm to room temperature before use. Do not leave this device in the trunk of a car on a hot day or in any other place where the temperature may exceed 150° F (65° C) for any extended period of time. If any additional pain or symptoms occur while using this device, discontinue use and seek medical attention.

**Warranty:** This device is warranted to be free from defects in material and workmanship for a period of 90 days. These warranties apply to devices that have not been modified or subjected to misuse, abuse or neglect. This device is expressly subject to Bledsoe's Product Line Limited Warranty. Copies of this limited warranty can be obtained from your medical professional, via the internet at [www.BledsoeBrace.com](http://www.BledsoeBrace.com), or by calling 800.527.3666.

For product information or questions pertaining to sales or service, please contact the national distributor in your area or the manufacturer.

Manufactured by:  
**Bledsoe Brace Systems™**  
2601 Pinewood, Grand Prairie, Texas, 75051, USA  
Toll Free Tel. **1.888.BLED SOE** (253.3763)  
Or 1.800.527.3666 • Local 972.647.0884  
Local FAX 972.660.5495  
International FAX 972.606.0649  
[www.BledsoeBrace.com](http://www.BledsoeBrace.com)

EUROPEAN AUTHORIZED REPRESENTATIVE

EC	REP
----	-----

EMERGO EUROPE  
Molenstraat 15  
2513 BH, The Hague  
The Netherlands  
Tel: (+31) 70 345 8570  
Fax: (+31) 70 346 7299

ORTHOMEDICO (EUROPEAN BLEDSOE SALES AGENT)  
(+32) 54 504005 [www.orthomedico.be](http://www.orthomedico.be)